

2023 Swimming Lessons

Two sessions of group swim lessons for children from 1 – 15 years are again being offered! Each class will have a head teacher and an assistant. Students will receive certificates upon completion. To sign up, contact Debbie@refreshingmountain.com to discuss which level your child should register for.

Group Classes are as follows:

AquaTots (AT) – ages 18 – 36 months; maximum of 6 children. (Parent/adult must accompany child in the water)

Preschool (PS) – ages 3-5; PS Levels 1, 2, 3; maximum of 8 children in PS 1, and max of 10 children in PS 2 & PS 3)

School Age (SA) – ages 6-15; SA Levels 1, 2, 3, 4; maximum 10 children each level

June/July Class Schedule#

June 19 thru July 4—Mon, Tues, Thurs, Fri
8:45-9:25 SA Level 1 & SA Level 4
9:30-10:10 SA Level 2 & SA Level 3

June 19 thru July 3—Monday and Tuesday
10:15-10:45 AT & PS 3

June 22 thru July 4—Thursday & Friday
10:15-10:45 PS 1 & PS 2

#July 6 & 7 – rain make-up dates

July/August Class Schedule#

July 24 thru Aug 8—Mon, Tues, Thurs, Fri
8:45-9:25 SA Level 1 & SA Level 4
9:30-10:10 SA Level 2 & SA Level 3

July 24 thru Aug 7 – Monday and Tuesday
10:15-10:45 AT & PS 3

July 27 thru Aug 8 – Thursday and Friday
10:15-10:45 PS 1 & PS 2

#August 10 & 11 – rain make-up dates

Pricing:

AT & PS – 5 classes - \$95/child

SA – 10 classes - \$115/child

Register 2 kids per class schedule and save \$20; 3 kids \$30, 4 kids \$40, etc.

Lifeguard Certification

AMERICAN RED CROSS LIFEGUARDING: Full and re-certification courses. Anyone age 15 (must be 15 by the last day of the class) or older wanting to become a certified lifeguard.

Dates:

Class #1*

May 18, Thursday 5pm – 9pm
May 19, Friday 5pm – 9pm
May 22, Monday 5pm – 9pm
May 23, Tuesday 5pm – 9pm
May 24, Wednesday 5pm – 9pm

Class #2*

May 31, Wednesday 5pm – 9pm
June 1, Thursday 5pm – 9pm
June 5, Monday 5pm – 9pm
June 6, Tuesday 5pm – 9pm
June 8, Thursday 5pm – 9pm

Pricing:+

New LG Certification \$175 – must show proof of age prior to beginning first class

LG Re-Certification \$95 – must show proof of current American Red Cross certification prior to beginning of first class

*Prior to first Full Course class meeting, American Red Cross (ARC) requires online registration and evidence of completion of approx. 7 hours of online study. At first class session, the ARC requires ALL students to successfully complete an in-water skill screening and to present proof of age.

+If LG becomes employee of Refreshing Mountain and works for the pool, the applicant will receive refund of \$85 and if a re-certified LG is employed at Refreshing Mountain as LG, applicant will receive a refund of \$45.