

Preparation Checklist

We are excited to have you join us for an exhilarating experience. To have the best possible experience, please review this sheet.

Ziplines (Challenge, Aerial, Flying V)

- Maximum weight for all ziplines - 280 pounds
- Children below 60 lbs for Challenge and Flying V or 80 for Aerial MAY need to go tandem
- Challenge – paying adult required (ages 5-12), no adult required (ages 13+)
- Aerial – ages 8 and up. paying adult required (ages 8-12), no adult required (ages 13+)
- Flying V – paying adult required (ages 5-7), non-paying adult must be present (ages 8-12), no adult required (ages 13+)

Elevated Obstacle Course

- paying adult required (ages 5-7), Non-paying adult must be present (ages 8-12), no adult required (ages 13+)

Pony Rides

- hand-led pony rides
- ages 5 and up
- Max weight of 250lbs

Wildlife Center

- Paying adult required (ages 5-12), no adult required (ages 13+)

Requirements:

- Arrive at least 15 minutes prior to your scheduled start time.
- Prior to participating, all guests age 18 and over must read, understand, and sign a waiver and liability release form. Guests under 18 years old must have a parent or legal guardian sign for them.
- Guests must be of moderate to good health and free of alcohol, drugs, or medication which might alter their normal physical or mental abilities. Guests taking medications that prohibit driving or operations of machinery may not participate.
- Wear sturdy, closed-toe shoes. No sandals or flip-flops are permitted.
- For all activities, a full body harness will be worn. Therefore, a shirt with sleeves and longer shorts are recommended to reduce rubbing caused by the harnesses. We ask that guests avoid wearing revealing or low cut tops.
- No dresses or skirts without appropriate leggings.

- Please remove any loose or dangling jewelry. Belt buckles must be small for comfort and safety. Body piercings are not recommended.
- Guests with shoulder length or longer hair need to have their hair tied back and secured.
- You may bring a camera/cell phone on the zipline if you have some means of securing it. (No camera straps or lanyards around the neck allowed). RM will not be responsible for any damages. Other electronics that may cause distractions are not permitted.
- No smoking is permitted on the property (except in your car).
- Activities are “Rain or Shine” but we do not run in high wind, thunder or lightening, or steady downpours. Safety is first. We reserve the right to deny participation for any safety-related reason.
- If RM cancels due to weather, there is a full refund, store credit or we work with you to reschedule. If there are passing storms we tend to wait that out and then keep running rather than canceling. In warm weather we can run in a light rain.
- Payment is due at time of reservation, full refunds available for cancellations made up to 48 hours in advance of scheduled tour date. No refunds or schedule changed allowed within 48 hours of the event.
- If you decide to use the pool, please review our dress code, rules, and schedule before arrival. Modest, one piece swimsuits required for females (no bikinis), and boxer style shorts for males (no speedos). More [details on the pool can be found here](#) and our [general Guidelines page can be found here](#).

Looking forward to having you here at Refreshing Mountain!